

Name : _____

P 1016

Reg. No. _____



LOYOLA COLLEGE OF SOCIAL SCIENCES
(AUTONOMOUS)
(ESTD-1963)

Affiliated to University of Kerala
Accredited with A++ by NAAC
Sreekariyam, Thiruvananthapuram, Kerala.

FIRST SEMESTER M.Sc. COUNSELLING PSYCHOLOGY (REGULAR)
EXAMINATION, JANUARY 2025
(2024 Admissions)

CP 512: FUNDEMANTALS OF COUNSELLING PSYCHOLOGY

Time 3 hours

Max: 75 Marks

Nos.	Part A: Answer ANY TEN out of the FOURTEEN questions in not less than 50 words.	Course Outcome	Blooms Level	Marks
Q1	Psychotherapy	CO1	Understand	2
Q2	In- depth exploration	CO2	Understand	2
Q3	Rapport establishment	CO3	Understand	2
Q4	Initial disclosure	CO3	Understand	2
Q5	SOLER	CO3	Understand	2
Q6	Psychological first-aid	CO5	Understand	2
Q7	The way forward	CO2	Understand	2
Q8	Geriatric counselling	CO5	Understand	2
Q9	Pre-marital counselling	CO5	Understand	2
Q10	Paraphrasing and summarizing	CO3	Understand	2
Q11	Process goals and outcome goals	CO1	Understand	2
Q12	Two - chair technique in counselling	CO2	Understand	2
Q13	Frame of reference	CO3	Understand	2
Q14	BACP	CO4	Understand	2
	Part B : Answer ANY FIVE out of the EIGHT questions in not less than 300 words	Course Outcome	Blooms Level	Marks
Q15	Illustrate the conditions that facilitate effective counselling.	CO1	Apply	5
Q16	Examine the relevance of Rehabilitation counselling	CO1	Analyse	5
Q17	Examine the need for ethics in counselling.	CO4	Analyse	5
Q18	Illustrate the measures used for assessment in counselling.	CO2	Apply	5
Q19	Explain the skills for facilitating insight in counselling.	CO3	Understand	5
Q20	Exemplify the basic tenets of group counselling.	CO5	Understand	5

Q21	Silence can be a powerful tool in counselling. Discuss.	CO3	Analyse	5
Q22	Explain the five stages of counselling proposed by Ivey and Ivey.	CO2	Understand	5
	Part C: Answer ANY TWO out of the FOUR questions in not less than 850 words	Course Outcome	Blooms Level	Marks
Q23	Reflect on the ethical codes followed by the American Counselling Association.	CO4	Analyse	15
Q24	Develop a hypothetical case elucidating the three stages of counselling.	CO3	Create	15
Q25	Critically appraise the major helping professions.	CO1	Analyse	15
Q26	Explain the Generic Models in Counselling.	CO2	Understand	15